

Ark City Takedown Club

Weekly Newsletter

Est.1970

Nov.16, 2015

2014-2015 WRESTLING SEASON!

IMPORTANT CLUB NEWS!!!

TOURNAMENT PLACERS:

Congratulations to those who placed at Ponca and Tuttle



Tuttle Open: Talon Verbeck 4th,
Justis Mosier 4th, Boston Graber 1st,
Trig Tennant 1st, Tucker Verbeck 3rd
Novice: Zack Logsdon 3rd



Ponca Open:

Cayden English 2nd, Traven Hutton 2nd, Rhett Lathers 4th, Jai Watson 4th, Deston Miller 2nd
Not pictured:
Jevin Foust 2nd, Eli Manning 1st, Dalton Collins 2nd, Mason Manning 4th, Micco Frazee 2nd, Chevy Sartin 3rd

PRACTICE SCHEDULE:

Monday, Nov. 16

6:00-7:30 Advanced - HS

Tuesday, Nov. 17

5:30 Beginner – Rec

6:30 Beginner – Rec

6:00 – 7:00 Inter. – Middle School

6:00 – 7:30 Advanced - HS

Thursday, Nov. 19

5:30 Beginner – Rec

6:30 Beginner – Rec

6:00 – 7:00 Inter. – Middle School

6:00 – 7:30 Advanced - HS

Monday, Nov.23

6:00 – 7:00 Inter. – Middle School

6:00 – 7:30 Advanced - HS

Tuesday, Nov. 24

No Beginner Practice

No Intermediate Practice

6:00 – 7:30 Advanced - HS

Thursday, Nov. 26

NO PRACTICE

HAPPY THANKSGIVING

TOURNAMENT SCHEDULE:

Nov 27

Jenks Open – deadline 11/24

Nov 28

Bixby Open – deadline 11/23

Dec 6

Beginner Tournament @ the AC Rec – 2 pm

Dec 5

Tonkawa Open – deadline 12/2

Dec 12

Ark City OPEN

Dec 13

Ark City NOVICE

Dec 19

Derby – Open

Dec 20

Derby - Novice

If you have not taken care of your club fee or USA Card please do so with Leigh Ann Verbeck. Also if your wrestler has any unpaid tournament please take care.

Will be posting soon who owes the club.

WAYS TO STAY INFORMED:

NEWSLETTER:

A weekly newsletter will be posted on the bulletin board and there will be copies to take with you.

CLUB EMAIL: arkcitytakedown@gmail.com

FACEBOOK: ArkCity TakedownClub

WEBSITE: www.arkcitytakedownclub.com

If you ever have any questions please send an email or contact one of the following: Dirk Foust 620-218-4197, Buck Verbeck 620-222-4599, Leigh Ann Verbeck 620-506-1251, or Sonya Mosier 620-441--7344

WWW.USAWKS.ORG

If you're new to the sport of wrestling, check out the website above. There is a wealth of information on this website.

- Tournament Info.
- Results
- List of KS Clubs
- Talk Forum
- Wrestling Rules

SINGLET CHECK OUT:

Intermediate and Advanced. If you need a singlet please get with Leigh Ann Verbeck or Sonya Mosier. You will be required to put down a deposit at that time.

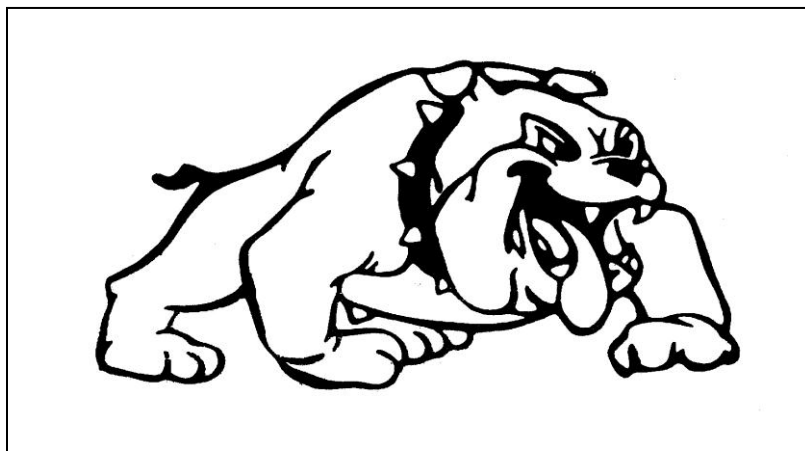
SINGLETS CARE:

MACHINE WASH COLD. Do not put it in the dryer, hang it up.

PLEASE clip your wrestler's nails weekly and do periodic skin checks for ring worm or other infections.

Elite Orders

If you are ordering shirts or warm-ups from Elite the order is due this Thursday.



**GOOD LUCK TO ALL THE WRESTLERS
GOING TO TULSA KICK-OFF**

LOOKING FORWARD TO A GREAT SEASON!!!