



# Ark City Takedown Club

Est.1970

Weekly Newsletter

Nov. 29, 2016

## TOURNAMENT PLACERS:

### Tulsa Kick-Off 2016

Talon Verbeck – 4<sup>th</sup>  
Cameron Cartagena – 3<sup>rd</sup>



### Wichita Classic

Jed Dellinger – 3<sup>rd</sup>  
Talon – 8U 1<sup>st</sup> & 10U 3<sup>rd</sup>  
Tucker Verbeck – 2<sup>nd</sup>  
Boston Graber – 3<sup>rd</sup>  
Traven Hutton – 2<sup>nd</sup>  
Spencer Mosier 1<sup>st</sup>



### Battel of the Ring

Spencer Mosier – 2<sup>nd</sup>  
Zackry Logsdon – 2<sup>nd</sup>



### PRACTICE SCHEDULE:

#### Tuesday, Nov. 29

5:30 Beginner – Rec  
6:00 – 7:00 Inter. - MS  
6:00 – 7:30 Advanced – HS

#### Wednesday, Nov. 30

6:00 – 7:00 Inter. – MS  
6:00-7:30 Advanced - HS

#### Thursday, Dec. 1

**No Advanced or Intermediate Practice**

**Head to the HS to support the HS Wrestling Team – 6 p.m.**

#### Monday, Dec. 5

6:00-7:00 Inter. - MS  
6:00-7:30 Advanced HS

#### Tuesday, Dec. 6

6:00 – 7:00 Inter. - MS  
6:00 – 7:30 Advanced – HS

#### Thursday, Dec. 8

6:00 – 7:00 Inter. – MS  
6:00 – 7:30 Advanced – HS

### TOURNAMENT SCHEDULE:

#### Dec 6

Beginner Tournament at Rec 2pm

#### Dec 10

Ark City OPEN

#### Dec 11

Ark City NOVICE

#### Dec 17

Derby – Open

#### Dec 18

Derby - Novice

#### Jan 6<sup>th</sup>-7<sup>th</sup>

USJOC

Deadline Dec 27

More tournaments will be posted within the next week.

### 8U Won the Team Trophy Award

Talon Verbeck  
Tucker Verbeck  
Boston Graber



# IMPORTANT CLUB NEWS!!!

## ACTC TOURNAMENT

Our tournament is just around the corner. It is December 10th & 11th and we will be setting up on the 9th. To make this happen we need a lot of volunteers. Both days we will need table works, floaters to give breaks, people to sell brackets, people to help with brackets and medals, and food brought for the hospitality room on Saturday.

**By volunteering you are not only helping our tournament run smoothly but your child's entry fee for our tourney will be waived. Also, if they go to State their entry fee and 1 hotel room will be paid for.**

There is a sign-up sheet posted on the bulletin board at the high school & middle school

## BEGINNER PROGRAM

- **Beginner Program Tournament will be this Sunday @ the Rec. It starts at 2 please have your wrestler there around 1:30**
- **Each beginner wrestler will be weighed Thursday at practice for bracketing**
- **Friday from 5-6 stop by the Rec to pick-up Elite, Shirts Plus & Pictures. Anything not picked up Friday will be passed out Sunday.**

**PLEASE** clip your wrestler's nails weekly and do periodic skin checks for ring worm or other infections.

### SINGLET CHECK OUT:

**Intermediate and Advanced.** If you need a singlet please get with Leigh Ann Verbeck or Sonya Mosier. You will be required to put down a \$65 deposit at that time.

### SINGLET CARE:

**MACHINE WASH COLD.** Do not put it in the dryer, hang it up.

### WAYS TO STAY INFORMED:

#### NEWSLETTER:

A weekly newsletter will be posted on the bulletin board and there will be copies to take with you.

**CLUB EMAIL:** [arkcitytakedown@gmail.com](mailto:arkcitytakedown@gmail.com)

**FACEBOOK:** ArkCity TakedownClub

**WEBSITE:** [www.arkcitytakedownclub.com](http://www.arkcitytakedownclub.com)

If you ever have any questions please send an email or contact one of the following: Buck Verbeck 620-222-4599, Todd Munson 620-446-2505 Leigh Ann Verbeck 620-506-1251, or Sonya Mosier 620-441--7344

### [WWW.USAWKS.ORG](http://WWW.USAWKS.ORG)

If you're new to the sport of wrestling, check out the website above. There is a wealth of information on this website.

- Tournament Info.
- Results
- List of KS Clubs
- Talk Forum
- Wrestling Rules

### Weigh-Ins

Edmond and King of the Ring will be at the Rec Friday night 5-6.

Also, at that time you can pick-up Elite and Shirts Plus orders. Anything not picked up will be passed out at practice the following week.

**GOOD LUCK TO THE WRESTLERS GOING TO EDMOND & KING OF THE RING**