

Ark City Takedown Club

Est.1970

Weekly Newsletter

Nov. 1st, 2016

A New Beginning...2016-2017!

Pic of the Week!!! State Champs and Placers for 2015-2016

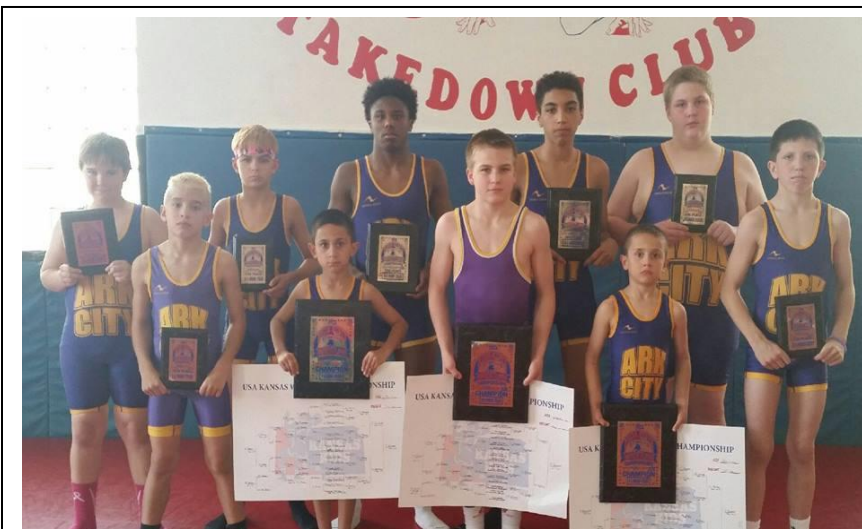
Back Row: (left to right) Eli Manning 8U 4th,
Jevin Foust 12U 5th, Montez Robinson 14U 3rd,
Christian Robinson 14U 3rd,
Kaleb Oakley 14U 6th

Front Row: (left to right) Spencer Mosier 8U 6th,
Talon Verbeck 8U 1st, Trig Tennant 12U 1st,
Tucker Verbeck 8U 1st, Traven Hutton 12U 5th

Not pictured: Dakota Taylor HS 5th

6U State Champs and Placers

Tucker Verbeck – 1st
Boston Graber – 3rd



PRACTICE SCHEDULE:

Tuesday, Nov. 1

5:30-6:30 Beginner @ Rec
6:30-7:30 Intermediate @ MS
6:00-7:30 Advanced @ HS

Thursday, Nov. 3

5:30-6:30 Beginner @ Rec
6:30-7:30 Intermediate @ MS
6:00-7:30 Advanced @ HS

Monday, Nov.

TBA Intermediate @ MS
6:00-7:30 Advanced @ HS

Tuesday, Nov. 8

5:30-6:30 Beginner @ Rec
TBA Intermediate @ MS
6:00-7:30 Advanced @ HS

Wed, Nov. 9th Intermediate &
Advanced Pool & Pizza 5:30-7:00

Thursday, Nov. 10

5:30-6:30 Beginner @ Rec
TBA Intermediate @ MS
6:00-7:30 Advanced @ HS

TOURNAMENT SCHEDULE:

Nov 18-19

Cliff Keen Kick-Off Classic Tulsa, OK
Fee: \$35, Sign-Up Deadline: Nov. 8th (Tues.)

Nov 26

Wichita Thanksgiving Classic - open

Dec 4

Beginner Program tournament - Rec Center

Dec 10

Ark City - open

Dec 11

Ark City – novice

Dec 17

Derby – open

Dec 18

Derby – novice

Dec 31

Valley Center Round Robin – open

More information on these tournaments and more once flyers are posted.
Sign-up sheets will be posted on the bulletin board in the wrestling room

Fan Gear form Shirts Plus - Just Becuz Trunk Show:

All Groups will get an order form. They will be passed out at the 1st practice. Our club will host a party Nov. 3rd at 6 pm at the Rec if you would like to see items. If not all order forms are due November 10th.

Cradle Gear Advanced & Intermediate forms will be due November 8th.

Elite: warm-up order form from is due Nov. 15th

TEAM SINGLETS

If you are renting a singlet a date and time will be posted soon, to let you know when this will occur.

ETIQUETTE AND EXPECTATIONS:

This is a list of items to either do or avoid.

1. **Practice:** Please don't make the coach have to compete for your kid's attention in practice. Parents can watch but need to remain quiet.
2. **Coaches:** We are always open for more volunteer coaches!!! If you're interested in coaching PLEASE see one of the coaches or secretary for more information.
3. **Get Involved:** We NEED parent and volunteers to help with our club. It is very important that during our tournament you help in some way.
4. **Skin Infections:** Keep an eye out for ring worm and impetigo they are contagious. If you see red spots develop on your wrestler have a coach or doctor look at it as soon as possible.
5. **Ark City** has a long and prestigious reputation as being one of the best wrestling programs in the state. Please know that you represent Ark City and your actions and words reflect the club.

WAYS TO STAY INFORMED:

NEWSLETTER:

A weekly newsletter will be posted on the bulletin board and there will be copies to take with you.

CLUB EMAIL: arkcitytakedown@gmail.com

FACEBOOK: ArkCity TakedownClub

WEBSITE: www.arkcitytakedownclub.com

If you ever have any questions please send an email or contact one of the following: Buck Verbeck 620-222-4599, Scott Munson 620-441-8601 Leigh Ann Verbeck 620-506-1251, or Sonya Mosier 620-441--7344

WWW.USAWKS.ORG

If you're new to the sport of wrestling, check out the website above. There is a wealth of information on this website.

- Tournament Info.
- Results
- List of KS Clubs
- Talk Forum
- Wrestling Rules



Advanced & Intermediate Gatherings

Every 2nd Wednesday of the month there will be a chance for these two groups to come together.

The 1st one will be November 9th at the Ark City High School Pool. It will be from 5:30 to 7:00. We will be providing pizza as well. Please place your wrestlers name on the sign-up sheet posted in the wrestling room.

The 2nd one will be in the high school wrestling room. Wrestlers will have a workout and play games. Time TBD

LOOKING FORWARD TO A GREAT SEASON!!!