



# Ark City Takedown Club

## Est. 1970

Weekly Newsletter

Feb. 4th, 2013

## NOTICE: PRACTICE INFO!!!

A lot of the Advanced wrestlers need some time off. Usually is our "dead" week, because the advanced kids have wrestled in a LOT of big tournaments and need a break.

However a lot of the younger kids are gearing up for 6U State and many want to go to Mulvane this weekend.

So for this week's practice schedule Brad Beeson will lead practice for the younger kids on Monday and Tuesday from 6:00pm-7:30pm. Bryan Tennant will lead practice on Wednesday and Thursday from 6:00pm-7:30pm.

PICTURE NIGHT for the Maize Battle of the Belt placers will be Wednesday night right before practice.

If your kids need a break, it will not hurt your wrestler to take a week off. The last thing we want is to burn these kids out. Just let Bryan, Casey, or Brad know.

Have a GREAT Week!!!

### PRACTICE SCHEDULE:

**Monday, Feb. 4th**

6:00p-7:30p Intermediate (ACHS)

**Tuesday, Feb. 5th**

6:00p-7:30p Intermediate (ACHS)

**Wednesday, Feb. 6th**

Picture Night for Maize Placers

6:00p-7:30p (ACHS)

**Thursday, Feb. 7th**

6:00p-7:30p (ACHS)

**Friday, Feb. 8th**

5:30p-7:00p Satellite Weigh-in for Mulvane at the AC Rec. Center.

**Monday, Feb. 11th**

6:00p-7:30p (ACHS)

**Tuesday, Feb. 12th**

6:00p-7:30p (ACHS)

**Thursday, Feb. 14th**

6:00p-7:30p (ACHS)

### **\*\*\*PARENTS\*\*\***

#### **MUST READ!!!!**

You must get into the practice of checking your wrestler EVERY NIGHT for RINGWORM, MRSA, IMPETIGO or other contagious skin infections. As the season goes on these always become more prevalent and they are treated easily if caught early. Since they are contagious, DO NOT bring your wrestler to practice. If your wrestler is identified as having any of these skin infections, they could, should, and will be disqualified at a tournament and not allowed to wrestle without a Doctor's note.

Here's a good link to a Power Point with plenty of pictures and some good information:

<http://www.mshsl.org/mshsl/sports/skin/SkinInfections2007.pdf>

### Upcoming Tournaments

**Feb. 9th**

**Mulvane Open & Novice**

*Entry Deadline: Feb. 5th*

**Feb. 16th**

**Haysville King of the Ring**

*Entry Deadline: Feb. 12th*

**Feb. 17th**

**Kansas Novice Championships**

Derby High School

*Entry Deadline: Feb. 12th*

First year USAW card wrestlers

ONLY!!!

**Feb. 24th**

**Kansas 6U State Championships**

Salina Kansas

*Entry Deadline: Feb. 21st*

**Mar. 2nd**

**Park City-Wichita Classic**

Hartman Arena

*Entry Deadline: Feb. 26th*

**Mar. 9th**

**Winfield Tournament**

Winfield, KS

*Entry Deadline: Mar. 5th*

## GO TO OUR WEBSITE at...

[www.arkcitytakedownclub@yahoo.com](mailto:www.arkcitytakedownclub@yahoo.com)

...for more pics, upcoming tournament schedules, and loads of other information.

ALSO: To get on the email List send an email to:

[arkcitytakedown@yahoo.com](mailto:arkcitytakedown@yahoo.com)



## Salina Tournament of Champions PLACERS!!!

Front Row (L-R): Hunter Chase, Cody Bruce, Trevor Johnson, Holden Lough, Traven Hutton,  
Trace Rider, and Andrew Beeson

Back Row: Chevy Sartin, Gavin Lough, Britton MacLaughlin, Gabe Buckbee, Trig Tennant, and  
Jevin Foust  
(not pictured: Kael Pappan)

